



SAMBHALI TRUST



Annual Report
2019 - 2020

OUR MISSION

We at Sambhali Trust are a grassroots non-profit organisation aiming at enhancing the lives of underprivileged women and girls in Rajasthan. Founded in Jodhpur in 2007, we want to support these women in gaining “self-esteem, independence & unity”.

Many of our participants are members of the “Scheduled Castes”. Their lives are shaped by threefold discrimination based on their gender, caste and oppressive socio-economic situations. Without education they lack possibilities to overcome this position.

With our holistic approach, Sambhali Trust contributes to ending this cycle of poverty and disadvantage as well as to challenge society’s perceptions of gender roles.

By training the women at our Empowerment Centres in vocational skills and providing them with the opportunity to earn a regular income, Sambhali Trust helps women play a more dominant role within their homes and society.

Because we see education as an important stepping-stone towards empowering women and girls our projects include Primary Education Centres, scholarship programs and our “No Bad Touch” program.





LETTER FROM THE FOUNDER

Khamaghani Dear Friends!

It's hard writing this letter whilst we and the whole world are suffering from this Covid-19 pandemic which has brought everything to a standstill. As I write this in mid-June, we are slowly coming out of lockdown to the 'new-normal'. Sheerni Boarding Home has opened for the 10th and 12th grade girls to take their exams and we are hoping that all the girls are able to get back to school in mid-August. In the meantime, we are training our staff in computer skills and improving their English and working on Sewing Projects until such time we can re-open our Centres.

I want to thank all of you, who supported us through this really difficult time. You have been so generous and to date we have spent over \$24000 on providing these food rations to these needy people. It is only through your generosity that we were able to achieve this.

Looking back on what Sambhali accomplished in the last 12 months, the main triumph has to be the realisation of a dream that has taken more than 2 years to come to fruition. Through the hard work of our long-time friend and mentor, Ernestine Badegruber, who galvanised the idea and organised the main fundraising, we now have a dedicated space for Sambhali HQ together with the Sambhali Boutique. Long overdue, we now have a large enough space to use as our Office, to be able to hold team meetings, seminars, workshops and have computer training sessions.



We have an area for the Boutique, where visitors/guests and tourists can visit with plenty of space to highlight our products as well as the ability to visit the Sewing Centre and the Graduates upstairs who are making the products. It looks fabulous and whilst there is still a lot of hard work to secure the second floor where the Sewing Centre is, after 12 years and over 20 projects, Sambhali finally has its own HQ! Again, it's only thanks to the many many donors that we were able to do this.

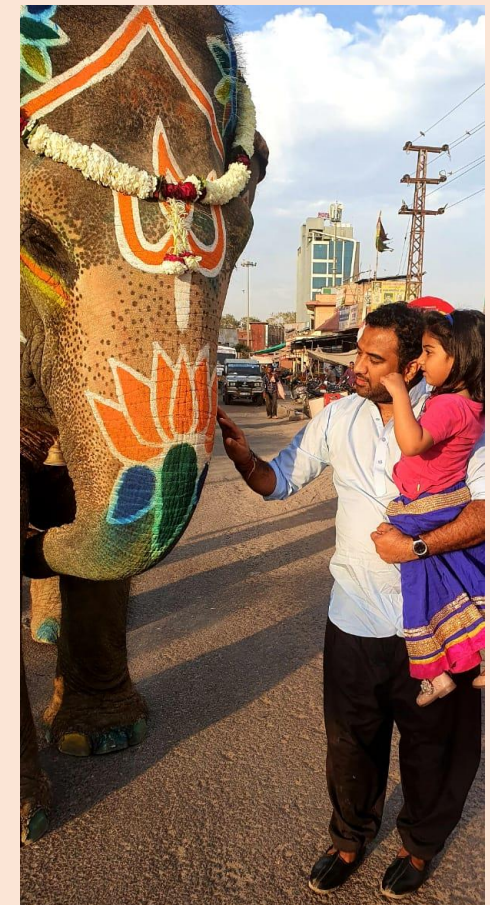
We had started 3 new projects this year, Setu EC, Aadarsh Project and the rural schools project in Setrawa. They have all had a good start and we hope that we are able to continue with them in the months to come.

I would like to thank all our Associates for the extreme amount of hard work that is necessary to be able to provide sponsorship and all the fundraising that goes behind the scenes. I am really grateful to our team of staff and volunteers and so very thankful for the generous support of all our donors who have maintained their support and have helped to keep all these projects funded.

It was really beautiful to be living in my village since November and get a totally different perspective of local village, politics, employment, culture, traditional, gender, caste and religion diversity and discrimination. Living in a village also helped me with looking after my heart, soul and mind. It also helped me serve people during the COVID-19 pandemic and the ability to host my family, friends and volunteers here during the COVID-19 lockdowns. I am sad that for personal reasons Sambhali Switzerland came to an end but how amazing that Shereen came in with a beautiful team of amazing people to create Sambhali US, for strengthening the Trust.

Projects have had to be put on halt for the foreseeable future and some staff had to drop out in this journey. We will rise again, rise again stronger than before keeping the values of the Trust and concentrating on the quality management of the Trust including employing more professional new staff for the Trust and its projects.

*Warmest regards
Govind*





SITUATION OF THE SCHEDULED CASTES IN RAJASTHAN AND INDIA

According to government figures from 2018, 12.220.000 people who are members of the Scheduled Castes live in Rajasthan. In total there are 1.108 groups that are counted as Scheduled Castes. A total of 198.160.000 people who belong to the Scheduled Castes (SCs) are living in India. Only those belonging to the Hindu, Sikh or Buddhist religions can be included into the SCs. The members of the Scheduled Castes, formerly known as Dalits, have been disadvantaged groups for more than 2000 years (hence another former name: "Depressed Classes"). This discrimination originates in the Indian caste system. In contemporary India, the Indian Constitution grants them special rights as a compensation for this discrimination. These privileges were introduced in 1937 and since have been expanded. In the same way, according to the Constitution of India, members of the SCs are no longer allowed to be called Dalits for reasons of discrimination. This was officially prohibited in June 2020.

Programs of the Government of India

The following programs were established by the Government of India to enhance the situation of the SCs.

Educational Empowerment:

- Various scholarships are provided to students belonging to the Scheduled Castes (SCs) to ensure that education is not denied due to the poor financial condition of their families



Educational Empowerment (2):

- Other scholarships are provided for obtaining higher education (in India and abroad)
- Free coaching for students from SCs to enable them to appear in competitive examinations and succeed in obtaining an appropriate job in the public or private sector

Economic Empowerment:

- Financial support
- Including the Venture Capital Fund for Scheduled Castes: the objective of the Fund is to support members of SCs who are pursuing innovation-driven entrepreneurship



Social Empowerment

- **Article 17** of the Constitution abolishes Untouchability
- **Article 46** provides the basis for programs aimed at promoting the members of the SCs
- **Article 330** and **Article 332** of the Constitution provide for reservation of seats in favour of the Scheduled Castes in the House of the People and in the legislative assemblies of the States
- Establishment of a department responsible for the equalisation of conditions for SCs, now called the "**Social Justice & Empowerment Department**"
- **Special courts** to address instances of atrocities and violence



Current situation - ways that need to be taken further & promising adjustments

Frequently victims of violence

Rajasthan has the third highest crime rate against SCs in any state (after Bihar and Madhya Pradesh)

- Rate of Total Crime against SCs: 37,7% in 2018

(see

https://ncrb.gov.in/sites/default/files/crime_in_india_table_additional_table_chapter_reports/Table%207A.1_0.pdf)

Participation in higher education

Enrolment of SCs for higher education remains very low in the years between 2005/2006 and 2014/2015

– 1,6% to 4,6 % Enrolment rate for SCs compared to overall Enrolment rate increase from 14,3% to 34,2%

(see Handbook on Social Welfare Statistics, p. 302)



Achievements

Drop-out rates in education

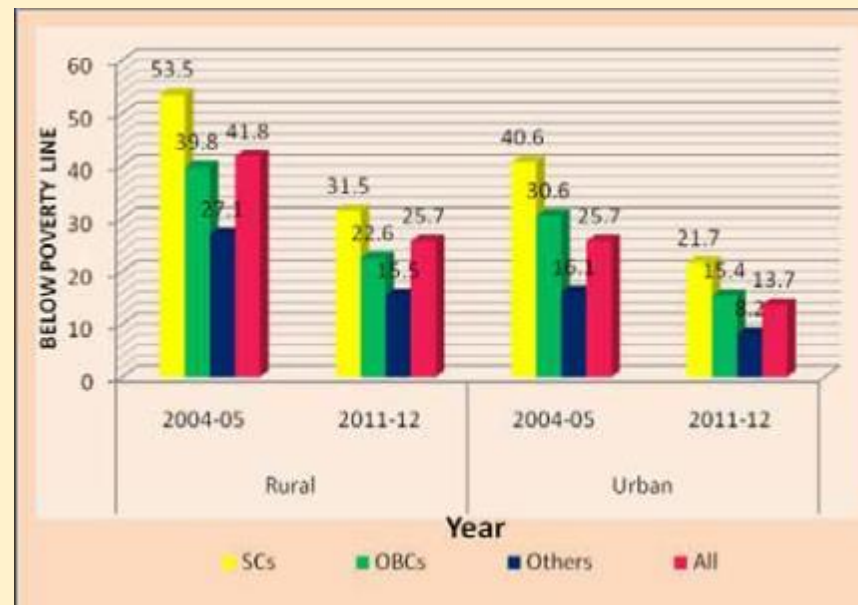
Drop-out rates in classes 1-10 of SCs adapted to the general level of drop-out rates – from 71,3% in 2005/2006 to 50,1% in 2014/2015 for SCs compared to a general rate decrease of 61,9% in 2005/2006 to 47,4% in 2014/2015

(see Handbook on Social Welfare Statistics, p. 311)

Percentage of population below poverty level

The percentage of population from SCs below poverty level has decreased profoundly – in rural areas from 53,5% in 2004/2005 to 31,5% in 2011/2012, and in urban areas from 40,6% in 2004/2005 to 21,7% in 2011/2012

(see Handbook on Social Welfare Statistics, p. 323)



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Government of India/ Ministry of Social Justice & Empowerment/ Department of Social Justice & Empowerment/ Plan Division: *Handbook on Social Welfare Statistics*, New Delhi, 2018.

New Projects



AADARSH PROJECT

In 2019 we have taken the next step concerning our "Aadarsh Project", initiated the year before, and have presented the project in schools. By educating them about the changes in their lives in the coming years, we want to empower young people between the ages of 10 and 18 to confidently take the next steps in their lives. Since most of the adolescents' homes and schools do not discuss these issues, young people do not know who to turn to with questions that concern them during this time.

With our innovative lecture we fill this gap. The presentation starts with information on physical changes in puberty. These are taught separately for groups of boys and girls so that all teenagers can easily ask any important questions without hesitation. For instance, both boys and girls are explained the consequences of teenage pregnancies. Afterwards the students, who are now again learning in a mixed group, are taught to better understand their feelings and needs. We also provide them with a range of support services including the Government Childline Number and our Sambhali Nirbhaya Helpline Number. Other important topics we address in our Aadarsh project are the issues of Sexual Abuse and Harassment. The children are familiarized with the No-Go-Tell strategy. Afterwards, the girls and boys explore influences of the media and how to stay safe and responsible online.

Our interactive and practice-oriented lecture is given by Vimlesh Solanki and Monica Jod, two of our Sambhali teachers, and encompasses three hours including a break.

After having successfully shared knowledge with many adolescents in our own Empowerment Centres and our other projects starting in February 2019, we have been able to establish cooperation with a large number of schools starting in mid-2019.

Overall, we were able to do 42 programs at 14 schools.



SETU SETRAWA PILOT PROJECT – RURAL GOVERNMENT SCHOOLS

In late 2019 we were approached by the Educational Department in Jodhpur to support tuition at Setrawa's Government Schools in the outlying villages.

The children in those schools come from poor areas and backgrounds. Most of them are the first generation of learners in their families.

As the English level of many state teachers is relatively low, their students do not receive high-quality teaching and accordingly the children's English skills are untrained.

From January 2020, we therefore began supporting these schools in their English lessons and launched our three-month pilot project. To this end, two to three volunteers per school taught at three different schools, namely, Bawkan School, Udawton Ki Dany and Khanodi Schools.

Not only did we aim to provide a qualitatively good basic English, but also to empower the children to use independent thinking and to understand the knowledge they have gained. From this instruction, the schools can thus learn to enhance their teaching quality in the long term. A further object of our project was to promote the children's awareness of environmental issues, the importance of physical activity and of gender equality. To achieve this, we implemented three workshops per month.

Lessons were held in five to eight classes per school from 10 am to 1 pm and were designed to be interactive. Thus, instead of focusing on memorization, our volunteers taught the English language to their students by means of games and conversation.



Towards the end of the program in March 2020, the English level of the pupils had improved significantly, allowing the children to hold conversations in English.

Our pilot project has been very successful, the teachers have warmly appreciated our project and we hope to continue this program in the near future. In total we already reached 207 children at three government schools with our pilot project.

LALU'S STORY

Meet Lalu. He is eleven years old and loves going to school. Here he can learn all sorts of new and interesting things. Here he can be with all of his friends and have fun. Here he can simply be a child. Now that Sambhali Trust has started assisting teaching at his school in Viramdeogarh from the end of 2019, he enjoys school even more than before.

When he arrives at school in the morning, Lalu is happy to imagine how he, when he is grown up, becomes a doctor and works at a hospital. In the workshops given by Sambhali, he has realized that women can work in the same professions as men and that they all can achieve their ambitions through vision, education, hard work and perseverance.

In the afternoon, Lalu is looking forward to spending time at the sports activity ground in the Viramdeogarh district, which has been set up by Sambhali Trust. There he and his friends are playing cricket and football until they go home again.

Watch Lalu's story on YouTube:

https://www.youtube.com/watch?v=VKZ_xnDZov8



SETU EMPOWERMENT CENTRE

This program is a special project to us, as it does not primarily aim to provide women with vocational training. Instead, the intention of our project is to create a meaningful and stimulating life for the women in the Government Shelter and to equip them with skills in sewing and embroidery. This enables them to make clothes for their children and themselves.

In 2019 the Department of Social Justice of Rajasthan asked Sambhali Trust to establish a Sewing programme. This is the origin of our SETU Empowerment Centre.

It was opened in June 2019 and is located in a Government Shelter in Jodhpur. The ten to fifteen women participating in our lessons are homeless due to domestic violence, being adult orphans, widows, or perpetrators of crime.

Five days a week there is a two-hour teaching session with the women.

They love partaking in our project and are highly interested as well. They are actively engaged in the training and so it happened that the women asked for lessons in English and Hindi.

Since then, Mumtaz Bano, our tutor at the SETU Empowerment Centre, has been teaching the women basic knowledge of these two languages.

As the women become more and more self-confident, courageous and curious, the success of this project is clearly visible.



CAMPAIGNS

"Involve me, I learn", that is our rallying cry since March 2020!

Through this outcry we want to unite people worldwide and bring attention to our goal:

To challenge the traditions of India's education system and to encourage the students to move out of their passive role.

Our rallying cry derives from the famous quote by Benjamin Franklin, one of the United States founding fathers:

*"Tell me and I forget,
Teach me and I may remember,
Involve me and I learn."*



We have chosen this line as our global campaign as it reflects our values regarding education - to actively involve children and adults in the teaching, their personal learning and particularly important in proactively creating their future.

Since the week of the International Women's Day this motto has been accompanying us and aims to draw attention to Sambhali's work in educating Rajasthani women and youths.

Along with the women from our projects in Jodhpur and the children from Setrawa, we invite everyone to join #InvolveMeI Learn, as well as to write about our campaign or share it on social media.

We welcome you to follow us on Facebook, Twitter, Instagram and LinkedIn.

If you need any further information, please contact us: info@sambhali-trust.org.



SEWING BUSINESS CONSULTANT

Between 15-33 women from each of Sambhali's 7 Empowerment Centres in Jodhpur and our Centre in Setrawa complete a 12-month course in Sewing and Embroidery each year. They are able to make a variety of Rajsthani clothes and accessories and have the ability to embellish them with a variety of embroidery stitches. They can measure, draft a pattern, cut out and sew made-to-measure clothes, which is the norm in India.

Once they leave, over 150 new 'Graduates' receive their own sewing machines which have been kindly donated by our supporters worldwide and these women are then able to sew clothes for themselves and their families and have the opportunity of starting a small business.

For several years now we have wanted to give these women the skills that are necessary, the confidence and the encouragement to be able to start their own businesses and finally in 2019 we were able to re-assign one of our current Sewing tutors, Salma Bano into this role.

Aim: To make sure the Empowerment Centre women all have the skills necessary for employment and to create their own business.

To encourage and motivate all women in the Empowerment Centres to find employment or set up their own business when they leave Sambhali

To provide Marketing and Business Skills workshops using PowerPoint presentations, to provide skills how to start a business locally and advertise themselves.

To make sure they have the relevant skills in Maths, Hindi and any gaps found in their knowledge can be identified and helped by the tutors and volunteers.

To provide information on how to work out costings for garments and book-keeping skills

To identify if any of the women are lacking communication and social skills, so that volunteers might provide workshops.

To liaise with Kavita Bihal, Sewing Centre Manager to advise her of potential new Graduates for the Sewing Centre.





CURRENT PROJECTS

Jodhpur Empowerment Centres

This is where everything started. In 2007 Sambhali Trust founded the Sambhali Jodhpur Empowerment Centre. Eight Empowerment Centres have now been established in Jodhpur. The Centres offer 12 months of vocational training in sewing and embroidery, as well as tuition in Hindi, English and Maths. In 2019 we have reached 266 women in the following Centres.

- Sambhali Jodhpur Empowerment Centre (2007)
- Sambhali Fatima Empowerment Centre (2013)
- Sambhali Abhivyakti Empowerment Centre (2014)
- Sambhali Abhaya Empowerment Centre (2014)
- Sambhali Shakti Empowerment Centre (2015)
- Sambhali Laadli Empowerment Centre (2016)
- Sambhali Sakhi Empowerment Centre (2018)
- Sambhali Setu Empowerment Centre (2019)



CURRENT PROJECTS

Sambhali Setrawa Project (Vocational training)

Based in Sambhali's Empowerment Centre in Setrawa, a village 100 km west of Jodhpur, Sambhali Setrawa Project offers vocational training to 20 women in sewing and embroidery. It was Sambhali Trust's second project, opening in 2007.

Sambhali Sheerni Microfinance Project

This microfinance project, established in 2009, is primarily based in Setrawa, as well as 3 groups in Jodhpur. Here, women can save money every month and take out loans with monthly repayments. These women also form a self-help group that offers support for a wide range of problems

Sambhali Scholarship Project

Through this project, Sambhali Trust offers 212 children from underprivileged communities the opportunity to attend a private school and thereby access a higher education.

Sambhali Setu Rural Schools Project

Sambhali Trust supports three local schools with teaching materials and volunteers, in the area of Viramdeogarh in Dechu Tehsil district 100km west of Jodhpur. This project started in December 2019 in partnership with the Government Department of Elementary Education.

Sambhali SOS Service & Sambhali Nirbhaya Helpline

Since its creation in 2014, women from Rajasthan can contact the SOS Service and the Nirbhaya Helpline. The SOS Service provides emergency support for women who have become victims of domestic violence, forced marriages or sexual abuse, and gives support for legal and medical concerns. They can receive assistance by calling the Nirbhaya Helpline. It is free of charge and accessible all day.

Sambhali Setrawa Project (Primary Education)

The Sambhali Setrawa Project was Sambhali Trust's first Primary Education Centre, opened in 2007. Here, children receive tuition in Hindi, English and Maths. They take part in workshops and medical check-ups as well.

CURRENT PROJECTS

Sambhali Primary Education Centres

Since 2017 girls and boys have been able to acquire a foundational teaching program in Maths, English and Hindi in the Primary Education Centres. These children were often illiterate before participating in the program which prepares them to attend local schools whilst Sambhali continues to support them in their schoolwork.

By opening four Primary Education Centres in Jodhpur, Sambhali Trust has made education possible for 125 children per year.

- Sambhali Abhaya Primary Education Centre
- Sambhali Fatima Primary Education Centre
- Sambhali Jodhpur Primary Education Centre
- Sambhali Laadli Primary Education Centre

Sambhali Sheerni Boarding Home & Sambhali Laadli Boarding Home

A total of 46 girls (and 2 boys) from the rural Thar desert area live in our Sheerni Boarding Home (established 2012) and Laadli Boarding Home (2017). Thanks to attending a private school and the additional lessons provided by Sambhali staff they receive a good education, which otherwise would have been impossible for them. Furthermore, they can develop their own personalities and interests in a series of workshops.

Sambhali No Bad Touch Project

In a language suitable for children, the No Bad Touch project educates girls and boys about Child Sexual Abuse. We arrange visits to schools in Jodhpur with our workshop presentations. A further important aspect of "No Bad Touch" is the education of parents and teachers about sexual violence, a topic that is strongly tabooed.

Sambhali Studio & Sambhali Boutique (Old Town and Sambhali HQ)

After graduating from our Empowerment Centres 15-20 women work in our Sambhali Studio, making clothes, accessories and soft-toys. Their products are later sold in the Sambhali Boutique which was founded in 2010. This enables the women to earn their own independent income.

Sambhali Aadarsh Project

Created in early 2019, the Aadarsh Project's aim is to teach adolescents about issues that arise in puberty. It is a community-based project where Sambhali staff presents workshops in local schools.

Sambhali Trust Organigram 02/2020

National Advisory Board

Advt. Vandana Bhansali
 Ramona Saboo
 Dr. Shakti Singh Khakhadki
 Dr. Mahendra Singh Tanwar
 Dr. Kunjan Trivedi

International Advisory Board

Dr. Sadhvi Shanti Puri
 Renate Massmann-Krei
 Sarah Harrington
 Jacqueline de Chollet

Board of Trustees

Mukta Kanwar, Dr. Rashmi Rathore
 Badan Kanwar, Dr. Reena Bhansali
 Firoz Khan, Virendra Chouhan
 Govind Rathore

Central Services

General Secretary	Shyama Tanwar
Director	Vimlesh Solanki
Operations Manager	Corinne Rose v.
Financial Administrator	Ernestine Badegruber v.
Office Assistant	Shravan Bhati
Accountant	CA Gurdeep Minhas
Volunteers Coordinator/	
Administrative Assistant	Roxanne Naeschen
Web Admin	Cornelia Uebscher v.

v = volunteer

Founder/Managing Trustee
Govind Rathore

Empowerment Centres & SOS Project
 Manager: Shyama Tanwar

Empowerment - Jodhpur (Urban)

Sambhali Jodhpur Empowerment Centre

Sewing Tutor Shano Bano, Aliya Bano
 Sewing Business Cons. Salma Bano

Sambhali Abhivyakti Empowerment Centre

Sewing Tutor Anju Choudhary
 Tutor Dhapu Choudhary

Sambhali Abhaya Empowerment Centre

Sewing Tutor Seema Jangid
 Tutor Sangeeta Puniya

Sambhali Fatima Empowerment Centre

Sewing Tutor Ruksana Bano
 Tutor Asha Bhati

Sambhali Shakti Empowerment Centre

Sewing Tutor Sangeeta Prajapat
 Tutor Manju Solanki

Sambhali Laadli Empowerment Centre

Sewing Tutor Anju Choudhary
 Tutor Anju Sharma

Sambhali Sakhi Empowerment Centre

Sewing Tutor Shehnaz Bano
 Tutor Hawlesh Kanwar

Sambhali Setu Empowerment Centre

Sewing Tutor Mumtaz Bano

Empowerment - Setrawa (Rural)

Sambhali Setrawa Project (Vocational Training)

Tutors Pooja Sharma, Meena Khatri

Sambhali SOS Project

Sambhali SOS Service

Sambhali Nirbhaya Helpline

Counsellor Shyama Tanwar

Education
 Manager: Shyama Tanwar and Vimlesh Solanki

Education (Urban)

Sambhali Scholarship Project

Coordinator Vimlesh Solanki
 Fieldworker Shravan Bhati

Sambhali Sheerni Boarding Home

Housemother Nirmala Kanwar
 Tutor Rajshree R. & Kailash R.
 Cook and Helper Laxmi and Kanta

Sambhali Laadli Boarding Home

Housemother Chand Kanwar
 Tutor Gunjan Vyas & Rajshree R.
 Cook and Helper Prem Devi and Santosh Nayak

Sambhali Abhaya Primary Education Centre

Tutors Sangeeta Puniya
 Seema Jangid

Sambhali Fatima Primary Education Centre

Tutors Gulapsha Bano, Asha Bhati

Sambhali Jodhpur Primary Education Centre

Tutors Shano Bano, Dhapu Choudhary

Sambhali Laadli Primary Education Centre

Tutors Anju Sharma, Manju Solanki

Education (Rural)

Sambhali Setrawa Project (Primary Education)

Tutors Pooja Sharma, Meera Khatri,
 Meena Khatri, Kanwru Kanwar

Sambhali Setu Rural Schools Project

Manager Govind Singh Rathore
 Field worker Mahendra Singh Rathore

Sewing Centre & Sales
 Manager: Kavita Bihal

Sambhali Studio

Product Developer Kavita Bihal
 Assistant and Supervisor Group 1. Pushpa Kanwar

Sambhali Boutique (Old Town and Sambhali HQ)

Sales Assistant (Old Town) Divyansh Bhati
 Sales Manager (Sambhali HQ) Kavita Bihal

Special Education & Self-Help Group
 Manager: Vimlesh Solanki

Special Education

Sambhali No Bad Touch Project

Coordinator Vimlesh Solanki

Sambhali Aadarsh Project

Coordinator Vimlesh Solanki, Monica Jod

Self-Help Group

Sambhali Sheerni Self-Help Group Project

Supervisor Vimlesh Solanki (Urban)
 Supervisor Meera Khatri (Rural)

Drivers: Ladhu Singh Bhati
 Surya Prakash
 Arun Solanki



Empowerment Centres

EMPOWERMENT CENTRES

It is 10:20 in the morning. Manju is standing in a bright room with yellow walls, which are colourfully decorated. On a stack in the corner cushions are ready for use. From outside, in addition to the frequent honking of cars, you can hear female voices coming closer and closer. Manju places pencils and worksheets next to a white board, then the sound of footsteps can be heard in the hallway of the building. Not long after, a happy young woman steps inside and Manju welcomes her.

The two of them are standing in one of Sambhali Trust's Empowerment Centres, where Manju works as a teacher. Here, from Mondays to Saturdays, women of disadvantaged and poverty-stricken neighbourhoods can access education and vocational training that they would be denied otherwise. Women from diverse backgrounds - women from the Scheduled Castes, Hindus, Muslims and many others - are being offered classes in Hindi, English and Maths by a group of two teachers and up to four volunteers in each Centre. Depending on their previous knowledge and learning progress they attend beginners, intermediate and advanced classes. Additionally, they receive vocational training in Sewing and Embroidery. They learn how to create skirts, kurtas, but also toys like stuffed camels.



Voices can now be heard in the building, from all corners and all rooms. In one room you can hear women of different ages solving division tasks, which a teacher writes on the whiteboard. A few steps further on, a 30-year-old woman reads from a short story book. She speaks in Hindi and after a while she is being interrupted by the voice of Manju. She poses a question about the content of the text and several women hold up their hands to give the correct answer. In another room, a further group of young women is sitting on cushions on the floor. They practise going shopping in English. "Go to the left and then straight on, then you'll be at the store", a young girl says to her classmate. Another woman tells her work partner she would like to buy one ounce of chillies and 10 ounces of goat meat. Some minutes later, we again meet the young woman who had greeted Manju, the teacher, before the lesson started. Kiran, this is her name, is sitting at a table on which a sewing machine is installed. Focused, Kiran slides a piece of fabric towards the needle. Then she pauses her work and turns around to her classmate. The two of them are absorbed in conversation for a short time.

But Kiran has not always been this open. In her childhood it was never possible for her to attend school. Later in her life, Kiran married her husband who works as a builder. The two of them live in a house where Kiran used to make "papad" to sell it on the street. Kiran never imagined education would be an option for her. But then the Jodhpur Empowerment Centre teachers went around her neighbourhood and told Kiran about Sambhali Trust and the Empowerment Centre. Kiran started coming to classes regularly and with time the shy young woman became an active and self-confident person who loves learning sewing and is a very good student. She really enjoys being with her teachers and classmates.



Kiran

"This Centre
is a model of community,
learning and empowerment."*

*Les Tung (USA),
Photographers Without Borders
(*Laadli Empowerment Centre)*

We at Sambhali Trust promote this kind of development not only by offering education, but also by holding weekly workshops on self-awareness, the women's future plans and dreams, gender equality and inspirational women like Malala Yousafzai. Many other important issues such as current events, menstruation and pregnancy, geography, critical thinking, women's rights, and child marriages are also addressed. Besides, we offer the women in our Centres the opportunity to learn business skills and about opening (online) bank accounts.

Kiran and her friend laugh out loud and then Kiran takes her completed kurta off the table and holds it up to her friend. At the end of the year Sambhali Trust will provide her with her own sewing machine and she will be able to earn her own income - no matter if she is one of the women who Sambhali Trust employs in their Graduate Sewing Centre or if she runs her own small business.

Would you like to gain more insight into our Empowerment Centres?

<https://www.youtube.com/watch?v=ge9sA1WkjXY>

<https://www.youtube.com/watch?v=5BOVFzLDAjU>

https://www.youtube.com/watch?v=-uSa5d_6imc



Apart from our new SETU Empowerment Centre, we have a total of seven other Centres, where the following changes have taken place:

Abhaya Empowerment Centre (est. 2014)

At this place Sangeeta Ji and Seema Jangid gave lessons.

On 21 September 2019 we moved our Centre into a new, more spacious and brighter building. Our women have colourfully decorated the interior.

Our volunteer Anna held art workshops with the women from this Centre. The women's creations - such as self-portraits and identity collages - were then exhibited.

Abhivyakti Empowerment Centre (est. 2014)

Our teachers were Anju Choudhary and Dhapu Choudhary. Dhapu Choudhary worked at the Centre for the time until October 2019.

Fatima Empowerment Centre (est. 2013)

At Fatima EC, Kritika Ji and Ruksana Ji have taught. Since the end of May Asha Ji has taken over Kritika Ji's tasks.

Jodhpur Empowerment Centre (est. 2007)

Here we had Shano Bano and Salma Khatun as our teachers. Salma Khatun worked at Jodhpur EC until August 2019. Since September 2019 Aaliya Kausar has been teaching at our Centre.

From 8 December to 10 December 2019 the World Challenge students from Australia decorated and brightened up the walls in our Centre – we are very thankful.

Sakhi Empowerment Centre (est. 2018)

In this Centre Hawlesh Kanwar and Shehnaz Bano taught.

Laadli Empowerment Centre (est. 2016)

Anju Sharma and Anju Choudhary have taught here.

On 23 September 2019, the Laadli EC relocated to a considerably more spacious facility in the neighbourhood.

On 16 and 17 December 2019, thanks to the World Challenge students from Australia, the Centre has been colourfully repainted.

Shakti Empowerment Centre (est. 2015)

Our tutors at Shakti Empowerment Centre were Manju Solanki and Sunita Prajapat.

Primary Education Centres



PRIMARY EDUCATION CENTRES

Ravi runs bouncingly through his neighbourhood. The ten-year-old passes one blue facade after another. Then a building with the sign "Sambhali Trust" appears in his sight. A group of children laughing, run past him and then stop at the house door. The children are taking off their shoes, and so is Ravi. The moment Ravi steps through the entrance, Dhara, his eight-year-old friend, waves at him and greets him. The two of them play in the buzz of voices of the many kids who spend their afternoons here studying instead of having to work or taking care of their siblings. Then, the voices of the two teachers, Sangeeta Ji and Seema Jangid, are heard calling for the lesson.

Ravi and Dhara are two of 30 to 40, three- to 12-year-old girls and boys who are given the opportunity to pursue an education in one of our five Primary Education Centres. Many of their mothers are participants in our Empowerment Centres. With these Centres, Sambhali Trust is continuing and expanding the work already started in Setrawa. In Setrawa, our first centre, where mainly children are taught, was established in 2007. Thanks to our program, Ravi and Dhara, as well as all the other children, have the chance to no longer be excluded from education.



Dhara quickly joins Sangeeta Ji, her Maths teacher, and sits down among the other children who are already seated on the floor, curiously looking at their teacher. What will they learn today? Sangeeta Ji starts calling out loud the numbers from 1 to 50 and her students join in immediately. At the beginning of the lesson the atmosphere in the class is boisterous, but Dhara and her friends enjoy shouting their newly acquired knowledge loudly into the room and so they are calm and concentrated after counting. Now Sangeeta Ji holds up pencils so that the students can practise addition exercises.

Dhara has now been coming to Sambhali's Primary Education Centre for three months. At first, her parents were not entirely convinced why they should send their daughter to the Centre if Dhara could no longer look after her younger siblings. Still, the intention of Sambhali Trust succeeded and at the monthly parent-teacher meeting, Dhara's parents realized that their daughter was making fast progress in Maths, Hindi and English knowledge and that these skills would be a great advantage in her later life. Therefore, after two months, they decided to enrol Dhara in the local government school, after which she now attends our Primary Education Centre in order to support her education. Soon she will join the medium class.

Meanwhile, Ravi has greeted Seema Jangid and is now, in the Hindi Advanced course, doing his Hindi writing with the help of his teacher. The atmosphere in the class is focused and all 15 students occasionally glance up pensively from their workbooks. The silence is only interrupted when a child asks the Hindi teacher a question. Then most of the boys and girls, who are of various ages, have completed their writing and the Hindi teacher starts to teach her students vocabulary, by which she improves the Hindi knowledge of her students.



Our Centre offers girls and boys like Ravi and Dhara the opportunity to benefit from additional education to, despite poverty and underprivileged status, not to fall behind in their studies or to even be able to attend a private school with the help of a scholarship from a Sambhali Trust sponsor.

We consider another important responsibility of our Centres to be that of introducing the children to values such as gender equality and environmental protection at an early age, and thus contributing to a change in the awareness of these issues in future generations. For this purpose, our teachers and volunteers organize workshops on different topics every Wednesday: the above-mentioned gender equality, waste reduction, but at the same time children's rights, Gandhi and the religions of India are being addressed. In addition, in our workshops we train the children in basic hygiene and teach them about mental health, cultures around the world and communication. Furthermore, we maintain our commitment to the empowerment of girls (and boys) by providing self-awareness workshops and a series of courses in which the children learn about and practise self-defence. We also conduct our "No Bad Touch" program there.

Out of a room, at the end of the school day, voices, singing in English, sound towards Ravi. It is Dhara's Beginner Group. Her room is filled with joyful curiosity, as volunteer Sarah starts singing the "Good afternoon, good afternoon!" song with the kids.

Then the lesson is over, and Ravi and Dhara meet outside the Centre before walking to their homes together. Tomorrow they will return to the Primary Education Centre - they will be taught here after school and will learn all sorts of new knowledge, both Ravi and now Dhara.



These are our Primary Education Centres, opened in 2017, in which the following changes have been made this year:

Abhaya Primary Education Centre

In this Centre we achieved involving 84 children this year.

Our teachers were Sangeeta Ji and Seema Jangid.

The Abhaya PEC moved into a larger space in April 2019, which the teachers and children later decorated.

Volunteer Anna conducted art workshops with the children. The results were exhibited at the Scholarship Program.

Fatima Primary Education Centre

In this Centre, a total of 63 children took part in our program.

Our teachers were Gulapsha Bano and since May 2019 Asha Bharti.

Jodhpur Primary Education Centre

We were able to provide 113 children with access to education here.

One of our teachers was Shano Bano. Salma Khatun worked with us until August 2019. Aaliya Kausar taught at Jodhpur PEC from September to October 2019, since then Dhapu Ji has followed.

We are very thankful that from 8 December 2019 to 10 December 2019 the World Challenge Students from Australia came to paint the Centre.



Setrawa Primary Education Centre (est. 2007)

We managed to reach 77 children here.

In this Centre Pooja Sharma, Meena Khatri, and Meera Khatri gave lessons.

Laadli Primary Education Centre

In the Laadli PEC a total of 58 children took part in our educational program.

Our teachers were Anju Sharma and Manju Solanki.

At the end of September 2019 our Primary Education Centre relocated to a larger building.

On 16 December and 17 December 2019, the World Challenge Students colourfully painted the Centre.

Watch a video of our Primary Education Centres here:

<https://www.youtube.com/watch?v=YNWFFpAYy1c>



LAADLI BOARDING HOME

Laadli Boarding Home is our newest Boarding House. It was opened in April 2017. Laadli is the home of 24 girls, who attend kindergarten to the ninth grade.

The children in the Laadli Boarding Home are the daughters of some women who participate in our Sheerni Microfinance Program in Setrawa. They are often the youngest children in their families and would therefore have to suffer from a two-fold disadvantage: the poverty-stricken families of the villages often lack the financial means for educating their youngest children and particularly girls' education is not a focus of many parents.

By means of our Laadli Boarding Home, Sambhali Trust is contributing to greater social justice for the future generations. On the one hand, these girls are granted full-time education and thereby a self-determined and fulfilling life. On the other hand, this means they understand the importance of women's education for a society in which there is equality between women and men and they recognise this from a young age.

The only boy living in Laadli Boarding Home – the cook's son who is now 11 years old – has changed his home in 2019 because of his age and now lives separately from the girls, with a teacher at her house. He still attends school.

The girls attend a private school, since July 2019 this is St. Francis School in Jodhpur. Before that they went to Galaxy School. The school has been changed for the beginning of the new schoolyear in July 2019 because we considered Francis School as better suited to their education. The level taught there is a mix of Hindi-medium and English-medium.



From Monday to Friday our tutors Gunjan Vyas and Rajshree Rathore, as well as volunteers, provide the children with additional lessons in Hindi, English and help the girls with their homework as well as exam-preparation, from 3 to 5.30 pm. Rajshree has been working at Laadli Boarding Home since January 2020. She and Gunjan divide the girls into different groups according to their learning level so they receive an adequate support.

The volunteers give non-school related workshops too. Topics of the workshops given included world climate, health and hygiene, telling the time & making clock watches as well as self-esteem. This will ensure the girls' opportunity of becoming more independent and help them in exploring topics other than those taught in schools. Additionally, every Sunday the girls are trained in self-defence, which also helps to strengthen their self-esteem.

The volunteers have been celebrating International Women's Day, Teachers Day and Holi with our girls too. Other leisure activities have been going to the park and playing sport activities like volleyball, cricket or dancing. For this weekly activity, the Laadli girls meet the girls from the Sheerni Boarding Home. Special occasions have been the visits of the Amusement Water Park, the Craft Fayre and others.

Another special event for the girls has been the pen friendship with a class in France. Jean-Pierre Rousseau and Florence visited Laadli Boarding Home in 2019. They brought letters from children who are attending a local school with them. The girls were able to write notes for them too and Jean-Pierre and Florence took these notes back to France with them.

Laadli Boarding Home is the first boarding school in a building owned by Sambhali Trust. This building was bought in March 2017 and some reconstruction have been made in October and November 2019 to provide extra dormitory space and outside space for the girls.



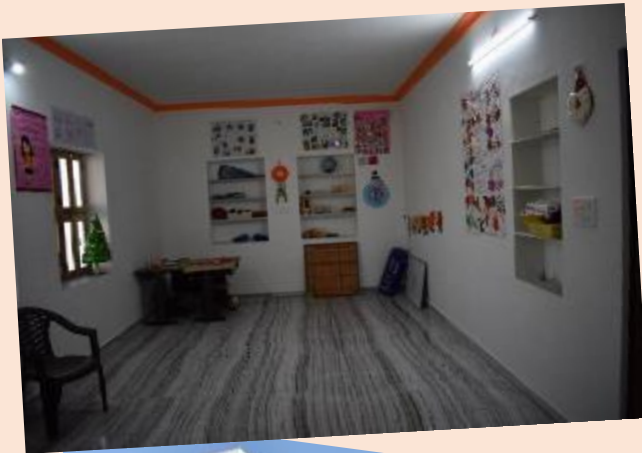
Thanks to our donors Sambhali Trust was able to have reconstruction work on our Laadli Boarding Home.

It is now more spacious and provides the girls more room to learn and play.

We are very thankful for our donors, making this possible!

[See here a video of our newly renovated Laadli Boarding Home:](https://www.youtube.com/watch?v=q3tr6NvWaMM)

<https://www.youtube.com/watch?v=q3tr6NvWaMM>



SHEERNI BOARDING HOME

Our Sheerni Boarding Home has been accommodating girls since 2012 and contributes to their empowerment. In 2019 it is home to 24 girls. They attend the first to 12th grade, while most of the girls are older than those in the Laadli Boarding Home. We provide these young people with a secure environment in which they can benefit from education whilst developing and fully unfolding their personalities and interests, enabling them to optimally prepare for their futures.

Thanks to our donors the girls receive a scholarship for a private school, the St. Francis school, and in the afternoon, they have lessons by our teachers Mrs. Rajshree and Mrs. Kailash. They also receive support in the preparation of exams and in doing their homework.

Every Thursday, our volunteers organise workshops for the girls on topics such as women's rights, the brain or different cultures. In the evenings, our volunteers and the house mother Mrs. Nirmala offer the children creative work like making pottery, reading stories and dancing. Moreover, on Wednesdays there is Yoga day and on Fridays sports day in the park. On Saturdays, the girls take part in educational trips and visit museums.

Sambhali Trust supports the independence of the young girls by offering a self-defence class, which the students participate in enthusiastically.

To strengthen the youth's sense of responsibility, every three months five ministers are selected from amongst the girls, each of whom is responsible for areas such as cleaning, TV and physical activities. The other girls are their helpers.



GRADUATES SEWING CENTRE & SAMBHALI BOUTIQUE

A lot of changes took place this year. In an effort to reduce the exorbitant rent we were paying in the current Boutique in the Clocktower area of Jodhpur, we gave up that premises in August 2019 and found another smaller shop nearby for a much cheaper rent. It was smaller but with the help of volunteers we made it look as pretty and attractive as possible.

In October 2019 we launched our new flagship boutique within the newly opened Sambhali HQ in KN College Road, Rai Ka Bagh. This provided a large amount of space for the products, a changing room, and the ability for visitors to see the Graduates at work upstairs. In the months from October to December, we achieved a very good and similar amount of sales in both the Clocktower Boutique and Sambhali HQ; from December to March it was slightly less at Sambhali HQ, but this could have been due to the lessening tourist numbers in February and March due to the beginnings of the Covid-19 pandemic. Eventually all our Centres closed on 17 March 2020 along with both Boutiques and the Sewing Centre.

We also had some changes in the Graduates where a long-term Graduate, Anita, who had polio as a child and was left not able to walk, got married in 2019 after being with Sambhali since the start in 2007. We wish Anita all the best in her newly married life.



We had several online orders including one from a designer in Australia, Chamani Weerasakara who came to Jodhpur to oversee an order for her store, consisting of a variety of skirts, trousers, wrap dresses, kaftans, shorts, wrap skirts and tops. We also had a lovely order to produce of 130 handy backpacks from our online catalogue as wedding gifts for guests.

We always enjoy working with customers and designers who would like us to produce their own designs and welcome your orders!

See a video of our Graduates here:

<https://vimeo.com/428891279>



Above:
Kavita working with
designer from Australia
on garments for her
store

On the left:
The newly painted
Clocktower boutique



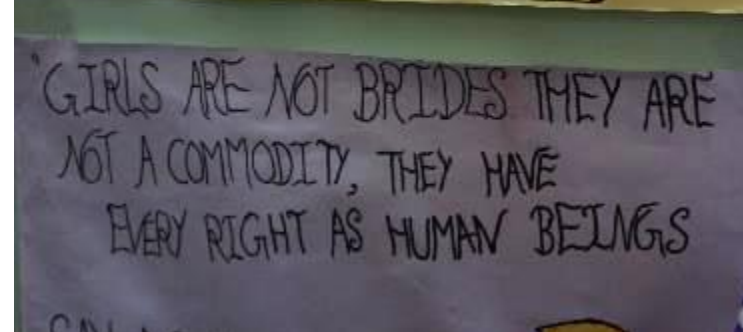
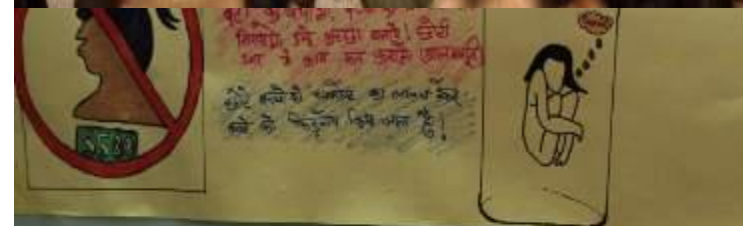
NO BAD TOUCH

In 2013 Sambhali Trust has founded the "No Bad Touch" project. It aims to promote awareness of sexual abuse in wider society and more specifically to educate children, parents and teachers in Jodhpur's schools and our own Empowerment Centres about it. Educational courses are also offered to local authorities to initiate the introduction of institutional measures against sexual abuse.

Our "No Bad Touch" program includes a presentation for older children and adults, as well as a puppet show that introduces the younger children to the problem in a way that is appropriate for their age. The presentation and the puppet show are held by our staff member Vimlesh Solanki and a volunteer. This year the program reached children between 3 and 15 years of age. The children are explained, for example, which parts of the body are not allowed to be touched by others and they are taught the so-called "No-Go-Tell strategy".

Between April 2019 and March 2020, we were able to introduce the program to children and adults at 15 schools. A total of 57 workshops were held. In this way, 1790 children, over 50 parents and 132 teachers were reached. At some schools, special workshops for parents were also successfully held. The parents in the group opened up to their own experiences and were very committed and interested in the information. The children, teachers and headmasters also responded to the workshops with great interest and became aware of the topic.

Our "No Bad Touch" program is therefore crucial for helping to reduce the high level of sexual abuse of children in India, through education. We thank our supporters who make this project possible, very much.



SOS-PROJECT & NIRBHAYA HELPLINE

A further step towards a society in which fair treatment of all women is guaranteed is formed by our "SOS Project" and the associated "Nirbhaya Helpline". The two elements were founded in 2014 by Sambhali Trust.

The "SOS Project" provides women from all over Rajasthan with immediate financial support, for example in case of medical problems. In medical emergencies, for instance, the women and their families are given access to ambulance transport, as well as the guarantee of a medical examination and diagnosis. These essential services are regularly denied to women and men suffering from poverty, for financial reasons. Additional help offered by our "SOS Project" is the securing of the provision of medication and care.

Moreover, the project also ensures financial support for people who suffer from poverty in other emergency situations. The women and their families are provided with the necessary accommodation in emergency shelters in case of (threatened) homelessness. Legal advice and support, e.g. in cases of domestic violence or forced marriages, is also offered. The "Emergency Provision Fund" ensures financial support in this respect. A total of 223 970 Rupees were required for medical treatment this year.

The women can contact Sambhali Trust through the "Nirbhaya Helpline", which is available free of charge from 7.00 to 23.00 from all over Rajasthan. For example, in cases of domestic violence, forced marriages or the above-mentioned medical emergencies our staff members ensure immediate counselling and the above-mentioned extended help. We also place great importance on guaranteeing emotional support for these women.



From April 2019 to March 2020 the Helpline received the following calls in total:

318 calls

83 cases of domestic violence

10 cases of sexual abuse

80 cases of verbal abuse

56 cases of medical emergency:

concerning

Diabetes

Cancer

Strokes

TB

Anaemia

Asthma

Pneumonia

8 cases of forced marriages

4 cases where legal assistance was needed

as well as

77 other cases

After being supported by our "SOS Project", our aim is to facilitate women's access to long-term support projects from other NGOs or to government program.



SOS Project April 2019 – March 2020

	April 2019	May 2019	June 2019	July 2019	August 2019	September 2019
Number of calls	22	25	21	36	24	26
Number of cases	17	19	17	28	24	26
Forced Marriage	0	0	1	0	0	0
Verbal Harassment	6	7	1	9	6	8
Domestic Abuse	6	6	5	11	9	6
Medical	4	4	2	5	6	5
Sexual Abuse	1	2	1	2	0	1
Legal	0	0	0	0	0	0
Other	5	6	11	9	3	6
	October 2019	November 2019	December 2019	January 2020	February 2020	March 2020
Number of calls	34	29	27	20	24	30
Number of cases	32	27	21	15	20	30
Forced Marriage	4	1	1	0	1	0
Verbal Harassment	8	5	8	6	7	9
Domestic abuse	6	6	4	6	5	13
Medical	6	10	6	5	3	0
Sexual abuse	0	0	2	0	0	1
Legal	2	2	0	0	0	0
Other	8	5	6	3	8	7

To give you some insights into our work in the SOS project and our Nirbhaya Helpline, we will now share three stories of women who have consulted Sambhali Trust in the last year.

M. – Domestic Violence

The caller's name is S. K. She is calling regarding her cleaning lady M., whom she knows is being beaten by her husband. He is addicted to alcohol and does not work, instead he spends the family's money on alcohol. He does not want to talk to his wife M. about the problem but beats her. M.'s parents-in-law only support their son.

M. asks for support via counselling for her husband, as she wants to improve her partnership and does not want to live alone.

Sambhali was able to forward her to a women's help line where both M. herself and her husband receive counselling. Moreover, there it will be pointed out to him that his wife can take police action against him.

M. was given support to improve her situation and to take a step towards a safe life.

K. - Verbal Harassment

K. calls from Jaipur since she receives harassing phone calls and vulgar WhatsApp messages. She receives these under different numbers from the same person. Due to this situation K. is unable to sleep and feels very anxious. She approaches Sambhali to see if she can do anything against this person.

The staff of our helpline gave K. psychological support and assured her that cyber-crime is a serious crime and that it can be fought. She was encouraged to contact the cyber-crime police station in Jaipur. There she is taken seriously and can file a complaint against the caller.

O.D. – Medical issues

O.D. contacts Sambhali Trust from Setrawa. She has been ill for 3 months and was treated by the physicians in her village. However, her condition did not improve, instead she became increasingly weaker and dizzy. She had no access to a qualified doctor in Jodhpur for financial reasons - she has 3 children and a husband who suffers from an illness. This is why she now asks Sambhali Trust for financial support.

Thanks to Sambhali Trust she was able to receive a medical examination at the Raj Dadiji Hospital in Jodhpur. There she was diagnosed as being anaemic. Since the medical treatment was completed, O.D. is feeling much better again.

SHEERNI MICROFINANCE PROJECT

Our “Sheerni Microfinance” project enables women from disadvantaged positions to gain access to loans from a secure source. This project creates a framework in which women who would be denied a loan for reasons of poverty by banks, can receive a loan. It also guarantees women adequate repayment possibilities, varying on their financial situation.

The loans offer the participating women the opportunity to develop business opportunities. This way, since the founding of the "Sheerni Microfinance Project", Sambhali Trust has made a major contribution to the independence of women in the rural area of Setrawa and thus to the empowerment of the entire community. Since 2016, the project has been extended to Jodhpur in order to enable women to become independent as well as to fight poverty there.

In Setrawa, 112 women participate in the Sheerni Microfinance project, subdivided into 7 groups. Our employee Meera Khatri leads these groups. In Jodhpur, Vimlesh Solanki leads 3 groups with a total of 42 participating women. Participants meet monthly to discuss and solve business and private problems in the group, as well as to deposit 200 Indian rupees into a common fund. The resulting amount is paid as a loan at the end of the month to a participant jointly selected by all women.

This allowed the women in Setrawa to receive 43 loans, mostly amounting to between 5 000 and 15 000 rupees. They used these mainly to gain independence by buying goats, cows and animal feed or by opening shops. In Jodhpur, 23 women received loans of between 5 000 and 20 000 rupees, which they used mainly to pay school fees for their children and grandchildren and to obtain medical treatment.

You can take a look at the Sheerni Microfinance and our other projects in Setrawa here:

<https://www.youtube.com/watch?v=5BOVFzLDAjU>



SHG Annual Report 2019-20 for Setrawa

S.N.	Month	Group No.	Name	Amount in rupees	Purchase	S.N.	Month	Group No.	Name	Amount in rupees	Purchase
1	April 2019	2	Chandu	13 000/-	Goat	23	November 2019	4	Radha Devi	10 000/-	Cow
2		2	Raju Kanwar	13 000/-	Grass for animal	24		4	Pushpa Devi	5 000/-	Goat
3		4	Chandu	10 000/-	Goat	25		5	Kesar Devi	15 000/-	Goats
4		4	Jasu	10 000/-	Goat	26	December 2019	2	Sayar	9 000/-	Shop
5		10	Khetu	5 000/-	Goat	27		2	Bhikha Devi	5 000/-	Goats
6		10	Sayar	5 000/-	Goat	28		4	Kamla Devi	10 000/-	Goats
7		10	Gajra	15 000/-	Goat	29		5	Ravi Devi	11 000/-	Goats
8	May 2019	2	Kanwru Kanwar	15 000/-	Daughter's wedding	30		10	Sohni Devi	7 000/-	Goat
9	June 2019	4	Bhawari Devi	10 000/-	Goat	31		10	Mewa Devi	5 000/-	Goat
10		5	Kesar Devi	6 000/-	Goat	32		10	Surja Devi	5 000/-	Goat
11		5	Leela Devi	14 000/-	Shop	33		4	Seema Devi	10 000/-	Shop
12		10	Prem Devi	10 000/-	Goats	34	February 2020	2	Jethi Kanwar	13 000/-	Goat
13	July 2019	2	Fula Kanwar	10 000/-	Goat	35		3	Pooja Sharma	10 000/-	Shop
14		2	Jubaida	10 000/-	House repairs	36		3	Meera Devi	23 000/-	Shop
15		3	Vimla	15 000/-	Cow	37		3	Harpyari Devi	30 000/-	Shop
16		3	Patasi	10 000/-	Goat	38		4	Dhau Devi	10 000/-	Shop
17		4	Indra Devi	4 000/-	Goat	39		6	Hawu Devi	20 000/-	Son's wedding
18		4	Dhau devi	5 000/-	Goat	40		10	Champa Devi	3 000/-	Food for goat
19		5	Sharda	10 000/-	Goat	41	March 2020	6	Resu	10 000/-	Goat
20	September 2019	2	Rewati	15 000/-	House repairs	42		10	Leela Devi	10 000/-	Goat
21	October 2019	5	Jasu Devi	8 000/-	Goat	43		10	Sayar Devi	9 000/-	Goat
22		5	Sugna Devi	11 500/-	Shop						

SHG Annual Report 2019-20 for Jodhpur

S.N.	Month	Group No.	Name	Amount in rupees	School Fees	Personal	Treatment
1	April 2019	1	Sohani Charan	5 000/-	She will deposit school fees of her grandson		
2		1	Usha parihar	5 000/-		Needs for house	
3		2	Vandna Barasa	10 000/-			Treatment for her son
4		3	Mumtaz / Rafiq	15 000/-	School fees for son		
5	May 2019	1	Vimlesh Solanki	20 000/-		Personal	
6		2	Deepika Jod	4 500/-		Personal	
7		2	Sunita Boyat	10 000/-	Book set her son		
8		3	Jeenat	10 000/-		Personal	
9	June 2019	3	Rekha Pandit	10 000/-	Book set for son		
10	July 2019	2	Sanju Sungat	10 000/-		Personal	
11		2	Shilpa Tejwani	10 000/-			Treatment for daughter
12		3	Rekha Barasa	9 000/-	She will buy book set for her son		
13	August 2019	1	Anita Gharu	15 000/-		Personal	
14		2	Meena Barasa	15 000/-	Children School Fee		
15	September 2019	1	Pushpa Kanwar	15 000/-	For son's School Fees		
16		3	Mumtaz Ayyub	13 000/-		She will give to someone.	
17	October 2019	1	Sandhya Shukla	15 000/-		Personal	
18		2	Monica Jod	15 000/-		She will give to someone.	
19	January 2020	1	Nirmala Devi	25 000/-		Daughter marriage	
20	February 2020	2	Deepika Jod	20 000/-			For her Treatment
21	March 2020	2	Saroj Nimbawat	19 000/-		For household needs	
22		3	Ruksana	5 000/-		washing machine	
23		3	Shainaz	30 000/-		Scootey	

SCHOLARSHIP PROGRAM

Due to our scholarship program we were able to support 212 children with scholarships for private schools this year – 134 girls and 78 boys. Since the beginning of Sambhali Trust in 2007 this is one of our important programs to increase the education and literacy of girls and boys in Jodhpur. As every year, we would like to express our heartfelt thanks to the individual donors around the world who ensure that these children can be empowered and learn important values via education.

The children who are being sponsored mostly live in Jodhpur (190 kids) while a few of them (19 girls and boys) come from Setrawa and attend private schools there or come from other villages (3 children). Of these kids 86 attend junior school, 54 girls and boys go to primary school and 43 children who received a scholarship this year attend secondary school. 29 teenagers and young adults are at university. In mid-2020, several teenagers were supposed to graduate from high school - however, this year's graduation and conclusion of the school year has been different from previous years. Due to Covid-19 the exams in March and April 2020 had to be postponed. Schools closed on 14th March due to the pandemic and it was not until the end of June 2020 that 12th year students were able to take their final exams. They will only receive their results in August. For this reason, it is not yet clear how many Graduates have passed their exams and how many will subsequently enter college.

Especially in these days the children and adolescents are looking forward to the re-opening of the schools, which is expected to take place in September 2020. Then they will once again benefit from high-quality teaching.



These are the stories of some of our Scholarship students:

Aayesha is one of the students who has received a scholarship. She joined Sambhali Trust because of the bad financial condition at her home. She says there are bad things in life, and that one cannot move forward, past them, without education - one cannot progress without studies. Aayesha could not progress because her father is sick. He has a problem of tightness in his arms and legs for a few years now. Aayesha's younger brother works but does not earn a lot of money. With his salary, Aayesha's studies cannot be paid. To support her brother, she used to give Henna classes to people in her neighbourhood - because of Covid-19, this is not possible at the moment. Aayesha is happy that Sambhali helps her and that she can get an education now. She says that now she is confident and believes in herself. After completing her studies, she wants to become an Urdu lecturer. For that dream she will work very hard.



Meet Padma - she is a first year B.A. student at the University of Jodhpur. Padma worked very hard for her Sambhali Scholarship and was very happy when she finally received it. Her father died a few years ago and her mother tries all the best at work to support her family. Because of Covid-19, the university cancelled the final exams. So, Padma will continue to study in her second year after educational institutions reopen in autumn 2020. She really enjoys the online classes and is happy to still be able to learn in a difficult time like this.

Anmol is another scholarship student. She studies at the Shri Zalaji Public School in Jodhpur. Anmol only has one sister and no brother who could support the family. When her father was younger, he had a small tea shop but since his age and medical problems (leg and heart illness) are a more serious issue, he had to close his business. Anmol's mother is a housewife and therefore does not earn money. Gladly, Anmol got a scholarship from our program. Anmol's father's dream is to have a real bicycle so Anmol would love to be able to give him one once she has a good job. Her dream is that everybody in her family is proud of her, especially her parents. That is why she works very hard.

Special Events



OPENING OF THE NEW SAMBHALI HQ

As Sambhali has grown over the last few years running over 20 projects, it was felt more and more important that Sambhali should have a proper headquarters, an office with plenty of space for staff and volunteers to work in, a fixed home for Sambhali Boutique and a space for the Graduates' Sewing Centre. There would also be room for staff meetings, and staff training workshops. The Ground and Second floors of the property next door became available and so after over 12 months of fundraising we were able to purchase the Ground Floor and have use of the Second Floor.

It took a few months during 2019 to renovate the ground floor so that it was suitable for an office and the Boutique, but gradually it evolved into what is now Sambhali Trust's own headquarters.

On 16 October 2019, we had the opening ceremony, and Ernestine Badegruber, President of Sambhali Austria (and one of Sambhali's very first supporters back in 2007), unveiled the plaque together with Govind Singh Rathore, Founder of Sambhali Trust and Mrs Shyama Tanwar, General Secretary of the Trust.

This new HQ would not be possible if weren't for the very generous donors and supporters of Sambhali Trust. We are extremely grateful to all of you who helped to realise this dream, 13 years after Sambhali was founded in 2007, especially The Saffi Foundation, Sambhali Austria, Sambhali UK, Basel Stadt, Mrs Brigitta Wardenbach and Click & Learn.



Our new Sambhali HQ and its opening ceremony

Construction in progress



GRADUATES' CEREMONY

This annual ceremony is to distribute sewing machines that have been donated by many Sambhali supporters to those students who have completed their 12-month course in their Empowerment Centre. They are presented with a treadle sewing machine (the normal type in India) and then will be able to sew clothes for themselves and their families as well as being able to start a small business from home.

This year the ceremony took place on 22 May 2019 and the Guest of Honour was HH The Maharaja Saheb of Jodhpur- Marwar, who presented 166 sewing machines to our students. We are very thankful to all those who donated towards this project and has enabled the independence of so many women.



Above:
Graduates' Ceremony
- HH The Maharaja
Saheb of Jodhpur &
Govind Rathore among
the Graduates

On the right:
The Graduates are
receiving their sewing
machines

Below:
H.H. Yuvrani Gayatri
Raje Saheba of
Jodhpur addressing
the audience at
Sambhali's Scholarship
Ceremony



SCHOLARSHIP CEREMONY

Sambhali Trust runs a Scholarship Program where donors from all over the world sponsor an individual child to go to school. Annually, we have a ceremony where certificates are presented to the students during the current school year. In India they start the school year in April and take their summer holidays in May and June when the heat is 42 degrees every day and then resume again in July.

The celebration took place on 24 August 2019 and our guest of honour this year was the H.H. Yuvrani Gayatri Raje Saheba of Jodhpur. There were 206 children receiving scholarships for the year 2019-20.

[Video link:](#)

<https://www.youtube.com/watch?v=oINniTNDBYU>





Annual Sambhali picnic at Mandore Gardens



We want to congratulate Tracy Thomson from the UK for successfully running the London Marathon in 2019 and raising funds for Sambhali's projects!

SAMBHALI SUTRA - SEWING A SISTERHOOD EMBROIDERY EXHIBITION.

Opening View held on Friday 3rd May 2019 in UK

The idea for this project originated in 2012 when an English volunteer visited Sambhali and worked with one of the sewing teachers to create samplers for an art exhibition. As a result a panel of small embroidery samples was created and subsequently put on display at Durag Niwas Guesthouse. The panel was seen by an American artist who suggested producing a series of artistic pieces using stitch to tell the stories of the women's lives and the Sambhali Trust. Thus the seed on an idea was planted and in February 2019 a group of volunteers with a textile and design background set to work in bringing it to fruition.

The women in the Empowerment and Sewing Centres drew their ideas about their daily lives, their involvement with Sambhali Trust, their future and wider issues like climate change onto paper. For some of the women this was the first time they had been given the chance to 'free draw'. Over a period of a week these drawings were then transferred by them into stitches onto fabric. The women's pieces were then returned to the volunteers who, along with some older sample pieces, put together the panels that you see in the photos. Each panel has a different theme and symbolises the womens' stories.

The Exhibition shown was held in Dorset, UK by Jenny Morrisetti, one of the volunteers involved in the project. If anyone is interested in supporting the Trust by putting on this Exhibition in their own venue then please contact Sarah Harrington at Sambhali UK on sarahdharrington@me.com for further information.



STAFF TRAINING

Three separate training workshops took place for the staff during 2019 to improve their managerial and teaching skills. One of them was:

Women for Women Program

‘Woman for Women program’ was an initiative to train Managers in Sambhali Trust who have been leading different projects. The program was aimed at building their confidence levels and develop their overall personality. It was organised by Sambhali Trust, Jodhpur in August 2019. The need for the workshop arose because it was observed that the women managers had a wonderful connection with women from rural areas surrounding Jodhpur but were shy about expressing themselves while representing their groups or being vocal about their needs. They were not able to confidently stand up and make presentations in front of outsiders. Speaking in English was also a big challenge that they needed to overcome. They had low self-confidence in spite of having knowledge and zeal to help and lead their groups. A three-day program was therefore planned to develop their personality and communication skills, and remove fear related to social meetings and public presentations. The workshops covered various topics including:

- Break the Shell - Communication Skills: This module was basically designed to assess their communications skills to overcome stage fright and addressing external groups.
- Shine from within – Confidence Building: This second module basically covered how to express themselves confidently and handle group at large.
- Collaborate, Not Compete - Leadership: The module on Leadership was designed to make them understand the importance of team work, planning, delegating and executing.



The workshop was conducted by Dr Reena Bhansali, Counselling Psychologist, from Jodhpur. 16 Managers from all Sambhali Programs participated in the training session.

The participants' feedback shows that they gained immensely from the workshop. Attending the workshop gave them several important ideas which they can adopt to further improve their personality such as recognizing people through their body language and enhancement of team building capacity. Some of the participants stated that they now feel stronger than before and can face difficult situations in life. They gained confidence, ability to articulate and voice their opinions after attending the workshop.

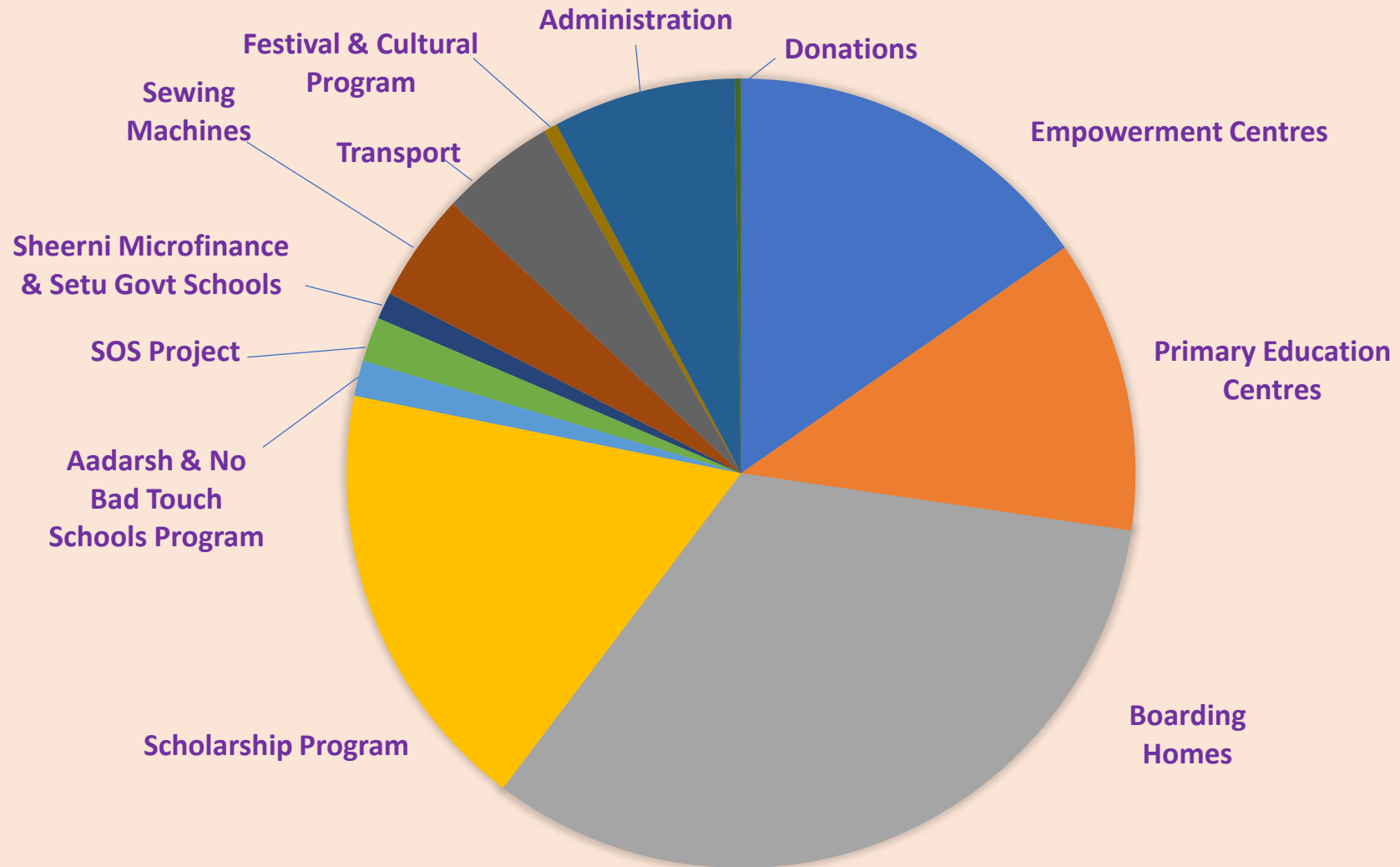
They also learnt new techniques of team building. The teachers at the PECs asserted that the learning in the workshop has helped in initiating processes which will go a long way in improving the learning levels of children through efficient use of resources. They added that they were earlier teaching through conventional methods. After the workshop they had acquired leadership skills and gained confidence in spoken English and activity-based learning.



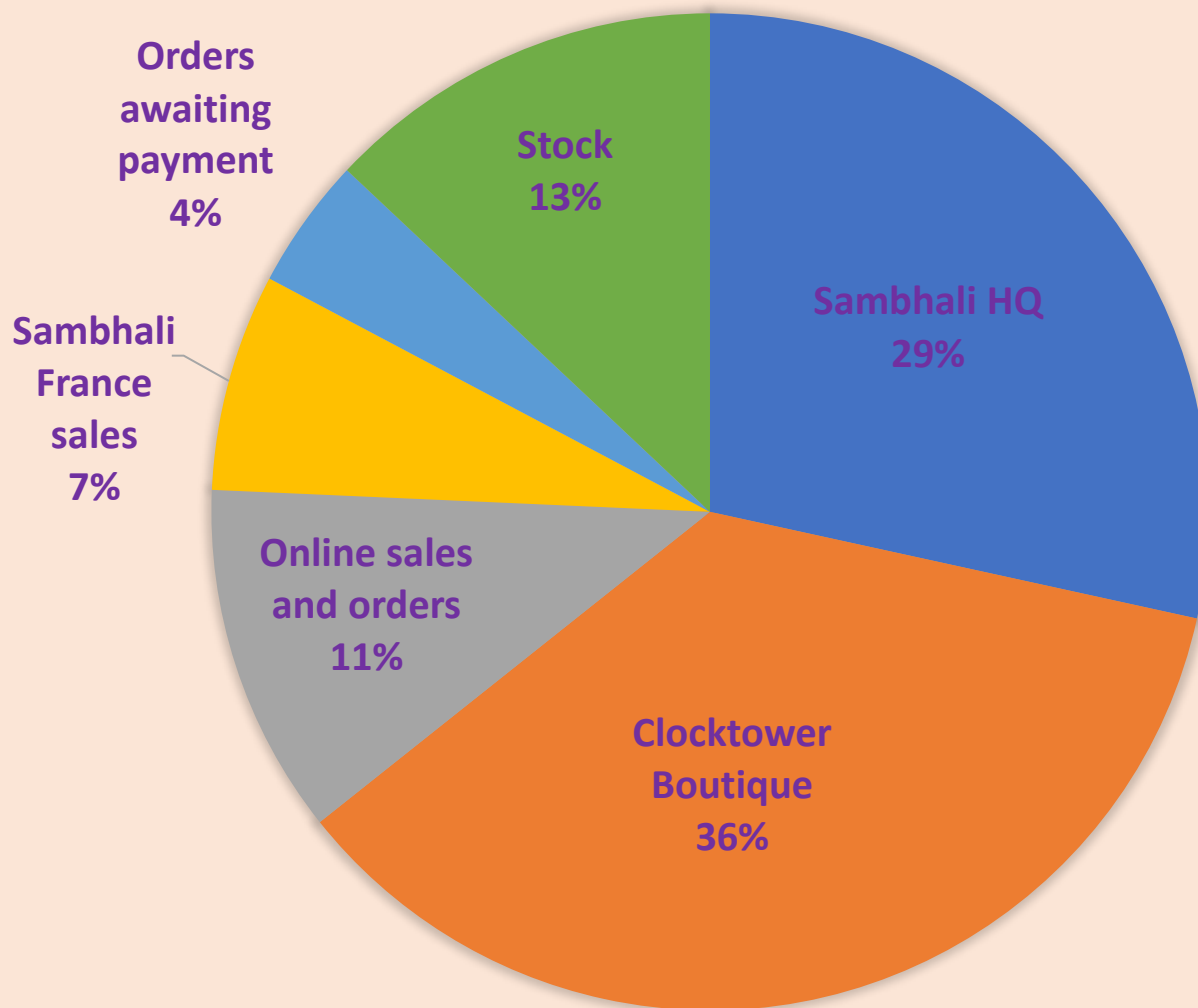


Finances

Sambhali Trust Project Expenditure



SAMBHALI BOUTIQUE SALES 2019-20



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CLICK & LEARN

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*“Feminism isn't about making women stronger.
Women are already strong.
It's about changing the way the world perceives that strength”.*

G. D. Anderson



सम्भाली

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